

7/5/26

Weekly Find the Words

Estimated play time: Approximately 15 minutes

Number of players: Unlimited

Supplies needed: Pencils and paper for each player, depending on how you play

May be suitable for visually impaired players.

Overview:

How many four- and five-letter words can you make from the letters in the phrase **BRAIN FOOD**? (Note: We found **39** four-letter and **19** five-letter words.)

Instructions: This game can be played in a number of ways. Here are three examples:

1. Go around the room and have players (one at a time) identify the 4-letter words, then the 5-letter words. You could set a goal of finding at least 50% of the correct answers.
2. Make it a timed contest. Hand out page 2 of this document (or a blank piece of paper) and give your players two or three (or more) minutes to write down as many words as they can. The player with the most (legitimate) words is the winner.
3. Play as described in #2, but have the players work in teams of two or three.

To add a little extra fun, we've added a secret word. (You can find it on the answer page.) If you are scoring the game, give the player or team who gets the secret word double points. If you're not scoring, perhaps you can give them a small prize – a piece of chocolate, a \$1 lottery ticket, a lollipop, etc.

In addition, you will see that we've marked some words with asterisks. These words are a bit harder to get. Again, if you are scoring, you might give an extra point or two to the person/team who gets an "asterisked" word.

7/5/26

Weekly Find the Words

Instructions: How many four- and five-letter words can you make from the letters in the phrase BRAIN FOOD? *(Note: We found 39 four-letter and 19 five-letter words.)*

B R A I N F O O D

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

7/5/26

Weekly Find the Words

ANSWERS

(Note: Other, more obscure answers are possible.)

4 LETTERS

1. Afro
2. Arid
3. Band
4. Bard *
5. Barf
6. Barn
7. Bind
8. Bird
9. Boar *
10. Bond
11. Boon *
12. Boor *
13. Born
14. Brad
15. Bran
16. Darn
17. Door
18. Drab
19. Drib *
20. Fair

4 LETTERS

21. Faro *
22. Fond
23. Food
24. Fora *
25. Ford
26. Info
27. Iron *
28. Noir *
29. Nori *
30. Odor
31. Raid
32. Rain
33. Rand
34. Rani *
35. Rind
36. Road
37. Roan *
38. Rood *
39. Roof

5 LETTERS

1. Adobo *
2. Adorn
3. Baron
4. Board
5. Boron *
6. Braid *
7. Brain
8. Brand
9. Broad
10. Brood *
11. Donor *
12. Drain
13. Frond *
14. Nadir *
15. **Rabid** ●●●
16. Radio
17. Radon
18. Robin
19. Rondo *

●●● Secret Word