11/15/25

Group Therapy (N)

Estimated play time: Approximately 15 minutes
Number of players: Unlimited
Supplies needed: Scoring board/pad; noisemakers
Suitable for visually impaired players.

Overview:

In this game, each question can have several answers. The goal is to come up with the number of correct answers required in the question. For example: *Can you name five shades of the color red?* Possible answers could be: *Scarlet, Maroon, Rose, Crimson, Garnet.*

For this version, all your answers must start with the letter called for in the game. This week, that letter is **N**.

Instructions:

1. This game can be played by individuals or in teams.

2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.

3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.

4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

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INSTRUCTIONS: Just answer the questions … if you can; and remember, all the answers must begin with the letter N.

QUESTIONS

1. Name five of the ten world countries that begin with the letter N.
2. Can you name all of the eight US states that begin with the letter N?
3. How many of the five Canadian provinces and territories that begin with the letter N can you name?
4. Only three actors whose last names begin with the letter N have ever won the Academy Award for Best Actor. Can you name two of them?
5. How many three-letter words that begin with the letter N can you identify? (We came up with 24.)
6. Can you come up with four words, consisting of four letters or more, that begin and end with the letter N?
7. Name four human body parts that begin with the letter N.
8. Name the two major national department stores that begin with the letter N.
9. Come up with four men's names and four women's names that begin with the letter N.
10. Name three jobs/occupations that begin with the letter N.
11. What is the only US state capital that begins with the letter N?
12. Who is the only US President whose last name begins with the letter N?
13. Name one spice that begins with the letter N.
14. What is the only planet in our solar system that begins with N?
15. Name the Roman emperor who is (erroneously) said to have fiddled while Rome burned.

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ANSWERS

(In some instances, other correct answers are possible.)

1. Namibia, Nauru, Nepal, Netherlands, New Zealand, Nicaragua, Niger, Nigeria, North Korea, Norway
2. Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota
3. New Brunswick, Newfoundland and Labrador, Northwest Territories, Nova Scotia, Nunavut
4. Paul Newman, Jack Nicholson, David Niven
5. Nab, Nag, Nap, Nay, Nee, Neg , Net, New, Nib, Nil, Nip, Nit, Nix, Nob, Nod, Nog, Nor, Nos, Not, Now, Nth, Nub, Nun, Nut
6. Napkin, Nation, Neon, Neuron, Newborn, Newsman, Nightgown, Nineteen, Nitrogen, Noon, Northern, Notion, Noun, Nutrition, Nylon
7. Nails, Navel, Neck, Nerves, Nipples, Nose, Nostril
8. Neiman Marcus and Nordstrom
9. Men's Names: Nathan, Neal/Neil, Nelson, Newt, Nicholas/Nick, Nigel, Niles, Noah, Noel, Norbert, Norman

   Women's Names: Nadia, Nadine, Nancy, Naomi, Natalie, Nicole, Noelle, Nora, Natasha
10. Nanny, Narrator, NASCAR Driver, Navigator, Navy SEAL, Neurosurgeon, News Photographer, Newscaster, Newspaper Columnist, Night Watchman, Notary, Novelist, Nuclear Physicist, Nun, Nurse, Nurse's Aide, Nursery School Teacher, Nutritionist
11. Nashville (Tennessee)
12. (Richard) Nixon
13. Nutmeg
14. Neptune
15. Nero

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