

10/18/26

Group Therapy (I and J)

Estimated play time: Approximately 15 minutes
Number of players: Unlimited
Supplies needed: Scoring board/pad; noisemakers
Suitable for visually impaired players.

Overview:

In this game, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: *Can you name five shades of the color red?* Possible answers could be: *Scarlet, Maroon, Rose, Crimson, Garnet.*

For this version (which we will run weekly until we run through the whole alphabet), all your answers must start with the letter(s) called for in the game. This week, those letters are **I** and **J**.

Instructions:

1. This game can be played by individuals or in teams.
2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

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INSTRUCTIONS: Just answer the questions ... if you can. And remember, all the answers must begin with the letters I or J.

QUESTIONS

1. Name five of the eight world countries that begin with the letter I.
 2. Can you name all four US states that begin with the letter I?
 3. Can you name the three US states that end with the letter I?
 4. Name eight of the 16 three-letter English words that begin with the letter I.
 5. Name three well known people (living or dead) whose last names begin with the letter I.
 6. Can you name one animal (of any type) that begins with the letter I?
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1. Name three of the four US presidents whose last names begin with J.
2. Name one of the three US state capitals that begin with the letter J.
3. Name one of the three world countries that begin with the letter J.
4. Name two company/brand names of any type that begin with the letter J.
5. Name two of the eleven books of the Bible (King James Version) that begin with J.
6. How many of the 15 common three-letter English words that start with the letter J can you come up with?
7. Can you name two famous people with the initials J.J.?
8. Name the one planet that begins with the letter J.
9. Name one of the two most common martial arts that begin with the letter J.

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ANSWERS

(In many cases, other correct answers are possible.)

1. Iceland, India, Indonesia, Iran, Iraq, Ireland, Israel, Italy
 2. Idaho, Illinois, Indiana, Iowa
 3. Hawaii, Mississippi, Missouri
 4. Ice, Ick, Icy, Ids, Ifs, Ilk, Ill, Imp, Ink, Inn, Ins, Ion, Ire, Irk, Its, Ivy
 5. Lee Iacocca, Eric Idle, Julio Iglesias, Don Imus, Laura Ingraham, Senator Daniel Inouye, Jill Ireland, Jeremy Irons, Washington Irving, Steve Irwin, Lance Ito, Burl Ives
 6. Ibex, Ibis, Iguana, Impala, Inchworm, Indian Elephant, Irish Setter, Irish Wolfhound, Italian Greyhound, Ivory-Billed Woodpecker
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1. Andrew Jackson, Thomas Jefferson, Andrew Johnson, Lyndon Johnson
2. Jackson (MS), Jefferson City (MO), Juneau (AK)
3. Jamaica, Japan, Jordan
4. Jack Daniels, Jaguar, Jeep, Jell-O, Jelly Belly, Jergens, Jet Blue, Jockey, John Deere, Johnnie Walker, Jordache, Jenny Craig, J.P. Morgan, Jif, Jiffy Pop
5. James, Jeremiah, Job, Joel, John (1, 2, 3), Jonah, Joshua, Jude, Judges
6. Jab, Jag, Jam, Jar, Jay, Jet, Jib, Jig, Job, Joe, Jog, Jot, Joy, Jug, Jut
7. Janet Jackson, Jesse Jackson, Jesse James, Judith Jamison, James (Earl) Jones, Jim Jones, John (Paul) Jones, Janis Joplin, James Joyce
8. Jupiter
9. Judo, Jujitsu