

10/4/26

Group Therapy (H)

Estimated play time: Approximately 15 minutes
Number of players: Unlimited
Supplies needed: Scoring board/pad; noisemakers
Suitable for visually impaired players.

Overview:

In this game, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: *Can you name five shades of the color red?* Possible answers could be: *Scarlet, Maroon, Rose, Crimson, Garnet.*

For this version (which we will do weekly-ish until we run through the whole alphabet), all your answers must start with the letter called for in the game. This week, that letter is **H**.

Instructions:

1. This game can be played by individuals or in teams.
2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

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INSTRUCTIONS: Just answer the questions ... if you can; and remember, all the answers must begin with the letter H.

1. Name two of the three sovereign countries that begin with the letter H.
2. Five world capitals begin with the letter H, but you'll be doing great if you can name two of them.
3. Four US state capitals begin with the letter H. How many can you name?
4. H in the Table of Elements:
 - a. Can you name the lighter-than-air element that is used as a lifting gas in balloons?
 - b. This gas was originally blamed for the *Hindenburg* disaster, although scientists now say that there are several other possible reasons why the dirigible caught fire and crashed to the ground.
5. The last names of five US presidents begin with the letter H. Can you name three of them?
6. What do the four H's stand for in the 4-H Clubs?
7. Quick Answer Questions:
 - a. Which unit of time begins with the letter H?
 - b. Which of the five senses begins with the letter H?
 - c. Which of the five Great Lakes begins with the letter H?
 - d. Which playing card suit begins with the letter H?
 - e. Which Ivy League college begins with the letter H?
 - f. Which of the four largest world religions begins with the letter H?
9. Name five animals (of any type) that start with the letter H.
10. Come up with two words that start AND end with the letter H.
11. Can you come up with the names of three companies/businesses (of any type) that start with the letter H?
12. Name two famous people (living or dead, real or fictional) whose initials are HH.
13. Name three plants of any type (flowers, trees, shrubs, vegetables, fruits, etc.) that begin with the letter H.
14. Identify these famous people whose last names begin with H:
 - a. Frequent traveler to war zones and long-time host of the Academy Award ceremonies.
 - b. Legendary escape artist.
 - c. *Playboy* founder.
 - d. Filmmaker and master of suspense.
 - e. American revolutionary hero executed by the British; he reportedly said that he regretted that he had but one life to lose for his country.
 - f. Star of *Forrest Gump* and *Sleepless in Seattle*.
 - g. Early explorer of the New York river that bears his name.

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ANSWERS

(In some instances, other correct answers are possible.)

1. Haiti, Honduras, Hungary (NB: Holland is not correct, as its official name is the Netherlands.)
2. Hanoi (Vietnam), Harare (Zimbabwe), Havana (Cuba), Helsinki (Finland), Honiara (Solomon Islands)
3. Harrisburg (PA), Hartford (CT), Helena (MT), Honolulu (HI)
4. Table of Elements
 - a. Helium
 - b. Hydrogen
5. Warren Harding, Benjamin Harrison, William Henry Harrison, Rutherford B. Hayes, Herbert Hoover
6. Head, Heart, Hands, and Health
7. Quick Question Answers:
 - a. Hour
 - b. Hearing
 - c. Huron
 - d. Hearts
 - e. Harvard
 - f. Hinduism
9. Haddock, Halibut, Hammerhead Shark, Hamster, Hare, Hawk, Hedgehog, Hermit Crab, Heron, Herring, Hippopotamus, Hornet, Horse, Horsefly, Howler Monkey, Hummingbird, Husky, Hyena
10. Hairbrush, Halavah, Hallelujah, Hanukah, Harsh, Hash, Hashish, Hatch, Haunch, Health, Hearth, Heath, Henceforth, High, Hitch, Hogwash, Holograph, Hooch, Hookah, Hopscotch, Horah, Horseradish, Hunch, Hurrah, Hush, Hutch
11. H&R Block, Hallmark, Harley Davidson, Harry and David, Hasbro, Hershey, Hertz, Hewlett Packard (HP), Hilton, Holiday Inn, Home Depot, Honda, Hoover, Hummer, Hyatt, Hyundai
12. Herbie Hancock, Helen Hayes, Hugh Hefner, Hermann Hesse, Howard Hesseman, Henry Higgins, Heinrich Himmler, Hulk Hogan, Hal Holbrook, Herbert Hoover, Hedda Hopper, Horatio Hornblower, Harry Houdini, Henry Hudson, Howard Hughes, Hubert Humphrey, Helen Hunt
13. Hazelnut, Heather, Heliotrope, Hemlock, Hibiscus, Hickory, Holly, Hollyhock, Honeydew Melon, Honeysuckle, Horse chestnut, Hosta, Hyacinth, Hydrangea
14. Famous People:
 - a. Bob Hope
 - b. Harry Houdini
 - c. Hugh Hefner
 - d. Alfred Hitchcock
 - e. Nathan Hale
 - f. Tom Hanks
 - g. Henry Hudson