

8/30/26

Group Therapy (E)

Estimated play time: Approximately 15 minutes
Number of players: Unlimited
Supplies needed: Scoring board/pad; noisemakers
Suitable for visually impaired players.

Overview:

In this game, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: *Can you name five shades of the color red?* Possible answers could be: *Scarlet, Maroon, Rose, Crimson, Garnet.*

For this version (which we will do weekly-ish until we run through the whole alphabet), all your answers must start with the letter called for in the game. This week, that letter is **E**.

Instructions:

1. This game can be played by individuals or in teams.
2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

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INSTRUCTIONS: Just answer the questions ... if you can; and remember, all the answers must begin with the letter E.

1. The name of which planet begins with the letter E?
2. Name one disease or condition that begins with the letter E.
3. Come up with three items of clothing (or generic things people wear) that start with E.
4. Which one of the Seven Deadly Sins begins with the letter E?
5. How many of the seven countries that begin with the letter E can you name?
6. With a population over one million, this is the fifth-largest city in Canada, and the only large Canadian city that begins with the letter E.
7. With a population of 678,000, this "E" city, located in far-west Texas, is the 22nd-most populous city in the United States.
8. The online encyclopedia Wikipedia contains a list of 23 colors that begin with the letter E, but only six of them have one-word names. How many colors with one-word names that begin with the letter E can you come up with?
9. Can you name at least two of the six books of the Bible (King James Version) that begin with the letter E?
10. Can you come up with twelve three-letter words that begin with E?
11. Can you come up with a word that has ten (or more) letters and begins with the letter E?
12. Which *Seinfeld* character's name begins with the letter E?
13. Can you name the only true gemstone that begins with the letter E?
14. He's the only US president whose last name begins with the letter E.
15. Name two websites that begin with the letter E.
16. Name three foods or beverages (of any kind) that start with the letter E.
17. Come up with three occupations that start with the letter E.

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ANSWERS

(In some instances, other, more obscure correct answers are possible.)

1. Earth
2. Emphysema, Epilepsy, Ebola, Epstein-Barr, Elephantiasis
3. Earmuffs, Earphones, Earrings, Easter Bonnet, Espadrilles, Evening Gown, Eye Patch, Eyeglasses
4. Envy
5. Ecuador, Egypt, El Salvador, Equatorial Guinea, Eritrea, Estonia, Ethiopia
6. Edmonton (in the province of Alberta)
7. El Paso
8. Ebony, Ecru, Eggplant, Eggshell, Emerald, Eucalyptus
9. Ecclesiastes, Ephesians, Esther, Exodus, Ezekiel, Ezra
10. Ear, Eat, Ebb, Eek, Eel, Egg, Ego, Elf, Elk, Ell, Elm, Ems, Emu, End, Ens, Eon, Era, Erg, Err, Eve, Ewe, Eye
11. Ecological, Economical, Egocentric, Eighteenth, Electrical, Electrocardiogram, Elementary, Embroidery, Emergencies, Employment, Encouragement, Encyclopedia, Equestrian, Eradicated, Evangelists
12. Elaine (Benes)
13. Emerald
14. Eisenhower (Dwight David)
15. Ebay, eHarmony, Etsy, Evite, Expedia
16. Éclair, Edam Cheese, Egg Roll, Egg, Eggplant, Elbow Macaroni, Enchilada, Endive, English Muffin, Eskimo Pie, Espresso, Evaporated Milk
17. Economist, Editor, Educator, Electrical Engineer, Electrician, Elementary School Teacher, Elevator Operator, EMT, Endodontist, Engineer, Entertainer, Environmental Engineer, Esthetician, Event Coordinator, Executive Assistant, Executive Chef, Executive, Experimental Physicist