

7/19/26

Group Therapy (A)

Estimated play time: Approximately 15 minutes

Number of players: Unlimited

Supplies needed: Scoring board/pad; noisemakers

Suitable for visually impaired players.

Overview:

We are bringing this game back by popular demand. Most of you know that in our Group Therapy games, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: *Can you name five shades of the color red?* Possible answers could be: *Scarlet, Maroon, Rose, Crimson, Garnet.*

For this version (which we will do weekly-ish until we run through the whole alphabet), all your answers must start with the letter called for in the game. This week, that letter is **A**.

More than a few people have asked us to rerun this version of **Group Therapy**, so we are updating it, refreshing it, and posting it anew. Enjoy!

Instructions:

1. This game can be played by individuals or in teams.
2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

7/19/26

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INSTRUCTIONS: Just answer the questions ... if you can; and remember, all the answers must begin with the letter A.

QUESTIONS

1. Name four countries that start with the letter A.
2. Name three types of trees that start with the letter A.
3. Come up with four diseases or conditions that begin with the letter A.
4. Name three famous people (living or dead) with the initials AA.
5. Name six jobs/occupations that start with the letter A
6. Come up with five words that start AND end with the letter A.
7. Name eight cities (anywhere in the world) that start with the letter A.
8. Name three fruits or vegetables that begin with the letter A.

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ANSWERS

(In some instances, other correct answers are possible.)

1. Afghanistan, Albania, Algeria, Andorra, Angola, Antigua and Barbuda, Argentina, Armenia, Australia, Austria, Azerbaijan
2. Acacia, Alder, Almond, Apple, Apricot, Ash, Aspen
3. Acne, Allergies, ALS, Alzheimer's Disease, Anemia, Aneurysm, Angina, Anorexia, Anxiety, Appendicitis, Arthritis, Asperger's Syndrome, Asthma, Atherosclerosis, Athlete's Foot, Atrial Fibrillation, Autism
4. Abigail Adams, Amy Adams, Ansel Adams, Andrei Agassi, Alvin Ailey, Alan Alda, Alan Arkin
5. Accountant, Actor, Actuary, Acupuncturist, Administrator, Aerospace Engineer, Airplane Pilot, Announcer, Anthropologist, App Developer, Archeologist, Architect, Art Historian, Artist, Astrologer, Astronomer, Attorney, Auctioneer, Audiologist, Auto Dealer
6. Acrophobia, Agenda, Alfalfa, Algebra, Aloha, Alpaca, Alpha, Anesthesia, Angora, Antenna, Aorta, Aqua, Area, Arena, Aria, Aroma, Asthma, Atria, Aurora
7. Aberdeen (Scotland), Abilene, Addis Ababa (Ethiopia), Adelaide (Australia), Akron, Albany, Albuquerque, Allentown, Amarillo, Ames, Amsterdam (Netherlands), Anaheim, Ankara (Turkey), Anchorage, Ann Arbor, Annapolis, Antwerp (Belgium), Arlington, Aspen, Athens (Greece), Atlanta, Atlantic City, Augusta, Auckland (New Zealand), Aurora, Austin
8. Acorn Squash, Alfalfa Sprouts, Apple, Apricot, Artichoke, Arugula, Asparagus, Avocado