

7/12/26

Group Therapy

Estimated play time: Approximately 15 minutes
Number of players: Unlimited
Supplies needed: Scoring board/pad; noisemakers
Suitable for visually impaired players.

Overview:

In this game, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: *Can you name five shades of the color red?* Possible answers could be: *Scarlet, Maroon, Rose, Crimson, Garnet.*

Instructions:

1. This game can be played by individuals or in teams.
2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

7/12/26

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INSTRUCTIONS: Just answer the questions ... if you can.

QUESTIONS

1. Name ten herbs or spices.
2. Name eight things that are round.
3. Name all five of the official movie ratings used by the Motion Picture Association to rate a movie's suitability for certain audiences based on its content.
4. Name five stringed instruments.
5. Name three films that were produced, written, and/or directed by Stephen Spielberg.
6. Name five fruits that have pits (also called stones).
7. Name five large mammals (over 300 pounds)

7/12/26

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ANSWERS

(In most cases, other correct answers are possible.)

1. Allspice, Basil, Bay Leaves, Caramom, Cayenne Pepper, Chives, Cilantro, Cinnamon, Cloves, Coriander, Dill, Fennel, Garlic, Ginger, Horseradish, Marjoram, Mint, Mustard seed, Nutmeg, Oregano, Paprika, Parsley, Pepper, Rosemary, Saffron, Sage, Salt, Taragon, Thyme
2. Ball (Soccer, Tennis, Golf Ball, Baseball, Etc), Blueberries, Bracelet, Button, CD (Compact Disc), Cheese Wheel, Circle, Cookie, Dartboard, Eyeball, Frisbee, Grapefruit, Life Saver, Lime, Marble, Meatball, Moon, Orange, Pancake, Pearl, Pizza, Planet (Earth, Mercury, Venus, Mars, Etc.), Record Album, Sphere, Steering Wheel, Sun, Tires, Toilet Paper, Zero
3. G (General Audience), PG (Parental Guidance Suggested), PG-13 (Parents Strongly Cautioned), R (Restricted. Under 17 requires an accompanying parent or adult guardian), NC-17 (Adults Only. No one 17 and under admitted.) The X rating, which is usually applied to pornographic or especially violent films, is not an official MPA rating.
4. Banjo, Bass, Fiddle, Guitar, Harp, Mandolin, Piano, Sitar, Ukulele, Viola, Violin
5. *1941, Amistad, Bridge of Spies, Close Encounters of the Third Kind, The Color Purple, E.T. The Extra-Terrestrial, Empire of the Sun, Gremlins, Jurassic Park (and other Jurassic Park films), The Post, Raiders of the Lost Ark (and other Indiana Jones films), Saving Private Ryan, Schindler's List, West Side Story*
6. Apricots, Avocados, Cherries, Lychees, Mangos, Nectarines, Peaches, Plums
7. Elephant, Gorilla, Hippopotamus, Horse, Lion, Moose, Polar Bear, Rhinoceros, Tiger, Walrus, Whale