

4/12/26

# Group Therapy

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Estimated play time: Approximately 15 minutes  
Number of players: Unlimited  
Supplies needed: Scoring board/pad; noisemakers  
Suitable for visually impaired players.

## Overview:

In this game, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: Can you name five shades of the color red? Possible answers could be: Scarlet, Maroon, Rose, Crimson, Garnet.

## Instructions:

1. This game can be played by individuals or in teams.
2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

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INSTRUCTIONS: Just answer the questions ... if you can.

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## QUESTIONS

1. Name 4 countries that end in the letter Y.
2. Name 4 famous painters.
3. Name 5 stringed instruments.
4. Name 4 parts of the human body that start with the letter T.
5. Name 5 packaged breakfast cereals.
6. Name 4 famous people (past or present) who lived to be 100 years or older.
7. Name 6 federal holidays.
8. Name 4 dog breeds that start with the letter B.

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## ANSWERS

*(Other correct answers are possible.)*

1. Germany, Hungary, Italy, Norway, Paraguay, Turkey, Uruguay, Vatican City
2. Paul Cezanne; Leonardo Da Vinci; Salvador Dali; Paul Gaugin; Edward Hopper; Winslow Homer; Frida Kahlo; Claude Monet; Edouard Manet; Henri Matisse; Georgia O'Keefe; Jackson Pollock; Pablo Picasso; Pierre-Auguste Renoir; Rembrandt (Van Rijn) ; Jan Vermeer; Vincent Van Gogh; Andy Warhol; James Whistler
3. Banjo, Bass, Fiddle, Guitar, Harp, Mandolin, Piano, Sitar, Ukulele, Viola, Violin
4. Teeth, Tendon, Thalamus, Thigh, Thorax, Throat, Thumb, Thyroid, Tibia, Toe, Tongue, Tonsils, Trachea, Trapezius, Triceps, Trunk
5. Cap'n Crunch, Cheerios, Chex (Corn, Rice, and/or Wheat), Cocoa Puffs, Corn Pops, Froot Loops, Frosted Flakes, Grape-Nuts, Life, Lucky Charms, Raisin Bran, Rice Krispies, Special K, Total, Trix, Wheaties
6. Irving Berlin (101), George Burns (100), Jimmy Carter (100), Olivia de Havilland (104), Kirk Douglas (103), Dick Van Dyke (100), Alan Greenspan (100), Bob Hope (100), Rose Kennedy (104), Henry Kissinger (100), Norman Lear (101), Grandma Moses (101), Gene Shalit (100)
7. New Year's Day, Martin Luther King, Jr. Birthday, Washington's Birthday (Presidents' Day), Memorial Day, Juneteenth National Independence Day, Independence Day, Labor Day, Columbus Day (Indigenous Peoples' Day), Veterans Day, Thanksgiving Day, Christmas Day
8. Barbet, Basenji, Basset Hound, Beagle, Bearded Collie, Bedlington Terrier, Belgian Malinois, Burnese Mountain Dog, Bichon Frise, Black and Tan Coonhound, Black Labrador, Bloodhound, Border Collie, Borzoi, Boston Terrier, Boxer, Bouvier Des Flandres, Briard, Brittany Spaniel, Bulldog, Bullmastiff