

3/15/26

Group Therapy

Estimated play time: Approximately 15 minutes
Number of players: Unlimited
Supplies needed: Scoring board/pad; noisemakers
Suitable for visually impaired players.

Overview:

In this game, each question has several answers. The goal is to come up with the number of correct answers required in the question. For example: *Can you name five shades of the color red?* Possible answers could be: *Scarlet, Maroon, Rose, Crimson, Garnet.*

Instructions:

1. This game can be played by individuals or in teams.
2. Read the first question. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

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INSTRUCTIONS: Just answer the questions ... if you can.

QUESTIONS

1. Name five cities in Texas.
2. Come up with the names of four of the actors who were regular cast members on the TV show *M*A*S*H*.
3. Name seven famous people (past or present) named John or Johnny.
4. Name five of the eight official planets of our solar system.
5. Name five animals (specific animals or the general category) that lay eggs ... and are NOT birds.
6. Come up with seven foods that are orange.
7. Finally: March is Women's History Month. Can you name seven women (past or present) who have been elected or appointed to high office in the United States?

For our Canadian subscribers, come up with a half-dozen powerful political women from Canada.

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ANSWERS

(In most instances, other correct answers are possible.)

1. Amarillo, Arlington, Austin, Corpus Christi, Dallas, El Paso, Fort Worth, Houston, Irving, Laredo, Lubbock, McAllen, Midland, Odessa, Plano, San Antonio, Waco
2. Alan Alda, Gary Burghoff, William Christopher, Jamie Farr, Mike Farrell, Larry Linville, Harry Morgan, David Ogden-Stiers, Wayne Rogers, Loretta Swit, McLean Stevenson
3. Johnny Appleseed, Johnny Bench, Johnny Carson, Johnny Cash, John Denver, Johnny Depp, John Goodman, John Hancock, John F. Kennedy, John Lennon, John Lewis, John Lithgow, John McCain, John Oliver, John Stamos, John Travolta, John Adams, John Wayne, Johnny Weir, John Williams
4. Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, and Neptune
5. Reptiles: Snakes, Lizards, Turtles, Tortoises, Crocodiles
Amphibians: Frogs, Salamanders, Toads
Fish: Sharks, Seahorses, Salmon, Trout, Tuna
Insects: Butterflies, Ants, Beetles, Spiders
Invertebrates: Snails, Octopus, Crab, Lobster, Centipedes
Monotremes: Platypus, Echidna
6. Apricots, Candy Corn, Cantaloupe, Carrots, Cheese, Mangoes, Nectarines, Oranges, Peaches, Peppers, Persimmons, Pumpkins, Salmon, Squash, Sweet Potatoes, Tangerines, Turnip, Yams
7. Madelaine Albright, Barbara Boxer, Liz Cheney, Shirley Chisholm, Hillary Clinton, Elizabeth Dole, Tammy Duckworth, Dianne Feinstein, Geraldine Ferraro, Gabby Giffords, Ruth Bader Ginsburg, Nikki Haley, Kamala Harris, Barbara Jordan, Claire Mccaskill, Michelle Obama, Alexandria Ocasio-Cortez, Sandra Day O'Connor, Nancy Pelosi, Janet Reno, Condoleeza Rice, Anne Richards, Eleanor Roosevelt, Sonia Sotomayor, Elizabeth Warren