

5/24/26

Don't Be An Idiom

Estimated play time: Approximately 15 minutes
Number of players: Unlimited
Supplies needed: Scoring board/pad; noisemakers
Suitable for visually impaired players.

Overview:

Overview: An idiom is a word or phrase that has a figurative meaning; there are roughly 25,000 idioms commonly used in the English language. For example, when we say, "It's coming down like cats and dogs," we don't mean that literally. By common usage, we know that phrase indicates that it's raining very hard.

In this game, all the idioms (or brief sayings) contain words related to human anatomy. Here's a sample question that requires one human body part and two idioms/sayings: *You can be joined at this body part ... or shoot from it.* The answer is *hip*, and the idioms are *Joined at the hip* and *Shoot from the hip*.

Instructions:

1. This game can be played by individuals or in teams.
2. Read the first clue. Discussion is permitted among teammates. Prior to the start of the game, a method to signal when a player/team is ready to answer must be determined. Ringing bells and New Year's blowers are just two inexpensive noisemakers. Raised hands work, but the host must be vigilant to watch for whose hand went up first. The host always has the final say in any disputes.
3. After a player/team is recognized as the first to signal, they may give an answer. If the first answer is incorrect, the others may 'buzz' in and answer.
4. Keep score (10 points for each answer) after each question is answered correctly. Play until all questions have been asked and answered.

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Instructions: All of the answers in this quiz are idioms or short sayings that contain words related to human anatomy.

QUESTIONS

1. You can fall on this body part ... or keep a straight one.
2. You can break one of these body parts ... or pull someone's.
3. You can have this body part in the clouds .. or over heels.
4. You can bite this body part ... or hold it.
5. You can split this body part ... or let it down.
6. You can have a chip on this body part ... or you can give someone a cold one.
7. You can roll this body part ... or have a black one.
8. You can have a faint one of these body parts ... or a bleeding one.
9. You can have one of these body parts out the door, in the grave ... or put it in your mouth.
10. You can go weak in this body part, take this body part ... or fall down on this body part.

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ANSWERS

1. Face. Fall on your face; Keep a straight face
2. Leg. Break a leg; Pull someone's leg
3. Head. Head in the clouds; Head over heels
4. Tongue. Bite your tongue; Hold your tongue
5. Hair(s). Split hairs; Let your hair down
6. Shoulder. A chip on your shoulder; Give someone the cold shoulder
7. Eye(s). Roll your eyes; Have a black eye
8. Heart. Faint-hearted; Bleeding heart
9. Foot. Have one foot out the door; One foot in the grave; Put your foot in your mouth
10. Knee(s). Go weak in the knees; Take a knee; Fall down on your knees